

WELCOME TO SHORE SURGERY
SPECIALIST DAY HOSPITAL

Patient Information



Shore Surgery
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181 Shakespeare Road, Milford,
Auckland 0620

The staff at Shore Surgery look forward to caring for you during your forthcoming procedure. We realise that this period may be stressful for you, and the following information is supplied to help you prepare for your procedure.

FOOD AND DRINK

General Anaesthetic: You must not eat or drink for 6 hours prior to your surgery with the exception of water, which you should continue to drink until 2 hours prior to your surgery.

Cataract Surgery: You are able to have a light meal prior to your surgery (early breakfast for a morning appointment or early lunch for an afternoon appointment).

Gastroscopy/Colonoscopy: You must follow the instructions given to you by the consulting rooms, as they need to be followed precisely.

All other Procedures please follow your Specialist's instructions.

Please avoid chewing gum and or sweets on the day of surgery. Smoking should be avoided for one week. If you cannot do this, it is an absolute must that you do not smoke during the 6 hours prior to your operation.

MEDICATIONS

Any regular medications should be taken as usual. If you take blood thinners e.g. Warfarin or St John's Wort, Aspirin or Disprin, ask your specialist if and when it should be stopped.

ILLNESSES

If you develop a cold, sore throat or other illness between the time of seeing your specialist and coming to Shore Surgery, please contact your specialist or Shore Surgery for advice.

PREGNANCY

If you are pregnant or think you might be, please make sure that your specialist and anaesthetist are aware of this.

CLOTHES AND JEWELLERY

All the necessary clothing for the operation will be provided by Shore Surgery. Please come comfortably dressed. If you are having an operation on your foot or leg, flat sandals or slippers should be worn.

Please DO NOT bring any valuables with you. All make-up, especially mascara and eyeshadow, as well as chains, earrings, watches and body piercings should be removed prior to your arrival.

DOCUMENTATION

Please complete the enclosed Consent and Health Questionnaire and bring them with you on the day of the procedure. In the case of a person less than 16 years of age, a parent or guardian must sign the consent form and stay with the patient. If you have arranged prior approval with your insurance company please bring your approval letter. Any recent investigations (e.g. X-Ray films) should also be brought with you.

We may have to access your health information held at other facilities to optimize our care for your procedure with us, e.g. Labtest results, pacemaker information, medications/allergies from your GP.

If you have an Activated Enduring Power of Attorney (EPOA) for personal care and welfare, we must be provided with a copy of the EPOA Activation and documentation.

ARRIVAL

On the day of your procedure, please come to the Shore Surgery Reception on the first floor at the appointed time. **You will be asked for your Consent Form, Health Questionnaire and any other relevant documentation.** After a stay in the reception room you will be shown to an Admission Area where you may need to change into a theatre gown. From there, you may be taken to the pre-operative room where pre-medication may be administered and then into the operating room.

We constantly strive to minimize patient waiting time but, as you will appreciate, we cannot always predict exactly how long each case will take. If you are kept waiting please accept our apologies for this.

AFTER THE OPERATION

At the end of the procedure, you will be moved to the Recovery Room where you will remain until you are fully awake and comfortable. We will provide you with light refreshments when appropriate. If your operation is other than a minor one under local anaesthetic, a responsible adult must collect you and remain with you overnight. **TAXIS/UBER ARE NOT** an acceptable form of transportation home. Although you may feel clear-headed after your anaesthetic or sedation, your judgement will remain impaired for some hours. It is for this reason that you **MUST NOT DRIVE**, make any important decisions, or perform any tasks that involve the use of machinery, including cooking and food preparation, until the day after your procedure.

PAYMENT

If you do not have prior approval from a medical insurance company, then the Operating Theatre fees are payable on discharge. If you have an excess or shortfall with your medical insurer, this amount must be paid on discharge.

We accept Payment by credit card (Visa and Mastercard) this will incur a 2% surcharge or eftpos is welcomed.

Should a debt collection agency be engaged all collection fees incurred by the hospital will be passed on to patient.

WHERE TO COME

We are located on the first floor of the Medical Specialist's building at 181 Shakespeare Road.

PARKING

There are two reserved short-stay parking spaces for the convenience of patients who need to be dropped off at the centre.

PATIENT INFORMATION

Under the provisions of the Health Information Privacy Code 2020, we have the requirement to collect and store information about each of our patients to help provide good and safe treatment. It is mandatory for us to send certain health information to other organisations such as the Ministry of Health

PATIENT SURVEY

You will receive an email survey on completion of your procedure.
Your feedback is very important to us. Thank you.

*Some health practitioners who use these facilities also hold an ownership interest in this hospital.
This will not affect clinical decisions about your treatment. If you have any questions, please speak to your doctor or surgeon.*



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EVOLUTION HEALTHCARE

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Milford, Auckland 0620
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shoresurgery.co.nz

